

After much debate, #4Help has settled on the following is a list of hotline and helpline categories, subcategories and sub-subcategories. One could easily debate whether or not some of these line items belong on a list of hotline and/or helpline topics. We decided to err on the side of including too many, rather than too few. Main categories are in white font with purple background, subcategories are in bold maroon font with white backgrounds and sub-subcategories are in black font.

Crisis Resources		Aging and Disability		Community Resources		Consumer Resources	
9-1-1 ... Save a Life - Stop a Crime - Report a Fire		Meals/Nutrition		Animal Services		Consumer Education	
	911 Services		Community Meals		Protective Services for Animals		Consumer Education
Disaster Services			Congregate Meals/Nutrition Sites		Veterinary Services		for Automobiles
	Disaster Declarations Information		for Eating Establishments - Discount Programs	Clothing and Household Goods			for Families of Military Personnel/Veterans
	Emergency Management Associations		Maps		Clothing Donation Programs		for Financial Institutions
Domestic Violence / Sexual Violence Services			for Congregate Meals/Nutrition Sites		Clothing Vouchers		for Homebuyers
	Domestic Violence Hotlines		Caregiver / Care Receiver Support Groups		General Clothing Provision		for Homeowners
	for Deaf-Blindness	Caregiver/Care Receiver Support Groups			Household Goods		for Insurance Issues
	for Deafness		for Alzheimer's Disease		for Discount Programs		for Utility Issues

	for Hard of Hearing		for Dementia		Household Goods Donation Programs		Information Clearinghouses
	for LGBTQ Issues		for Families/Friends of Frail/Dependent Elderly		Thrift Shops		for Consumer Education
	Domestic Violence Protective/Restraining Orders		for Families/Friends of People with Disabilities	Community Action Agencies		Government and Law Enforcement Complaints	
	Domestic Violence Shelters		for Multiple Sclerosis		Community Action Agencies		Government Complaints/Government Ombudsman Offices
	Sexual Assault Hotlines		for Parkinson's Disease	Directory Assistance / Libraries / Post Offices			for Civil State Trial Courts
	for LGBTQ Issues	Financial Assistance			Directory Assistance		for Criminal State Trial Courts
	Sexual Assault Protection/Restraining Orders		Attendant Subsidies		Libraries		for Family Law Courts
	Sexual Assault Shelters		Representative Payee Services		Post Offices		for Probate Courts
Mental Health Crisis			Social Security Disability Insurance Applications	Volunteer Opportunities			Judge Complaints
	In Person Crisis Intervention		Social Security Retirement Benefits		Animal Services Volunteer Opportunities		Law Enforcement Complaints
	Mental Health Crisis Lines	Respite Care			Conservation Service Volunteer Programs		Social Security Disability Insurance Appeals/Complaints

People Experiencing Homelessness			Respite Care		Construction/Home Maintenance Volunteer Opportunities	Private Sector Complaints	
	Extreme Cold Warming Centers		for Developmental Disabilities		Counseling/Information Support Volunteer Opportunities		Consumer Fraud Reporting
	Extreme Weather Shelters		for Veterans		Criminal Justice/Legal Services Volunteer Opportunities		Consumer Protection Agencies
	Homeless Drop In Centers		Respite Care Registries		Disaster Related Volunteer Preparedness/Mobilization Programs		General Consumer Complaints
	Clothing		Respite Care Subsidies		Education Volunteer Opportunities		Lawyer Complaints
Consumer Goods, Cell Phones, Personal Items			for Dementia		Family Services Related Volunteer Opportunities		Practitioner Complaints
	for Disaster Victims		for Veterans		Food Production/Preparation/Delivery Volunteer Opportunities		for Dentists/Dental Support Personnel
Poison Control		Senior Centers and Senior Rides			Interpretation/Translation Volunteer Opportunities		for Nurses/Nursing Support Personnel
	Poison Control		Senior Centers		for Refugees/Entrants/Asylees		for Physicians/Surgeons
Police			Senior Ride Programs		Recreational Activities/Sports Volunteer Opportunities		for Podiatrists
	Municipal Police	Specialized Information for People with Disabilities			Transportation Volunteer Opportunities		#4Help Complaints about Non-Profit and Other Agencies

	State Police		ADA Implementation Assistance		Volunteer Recruitment/Placement	Private Sector Consumer Goods and Clothes	
Protective Services			Disability Rights Groups		Volunteer Training		Cell phones
	Adult Protective Intervention/Investigation		Specialized Information and Referral		#4Help Needs Volunteers		Clothing
	Children's Protective Services		for Disabilities Issues				
Suicide Prevention		Specialized Information for Seniors 60 and Older					
	Suicide Prevention Hotlines		Adult Protective Intervention/Investigation				
	for Transgender Individuals		Specialized Information and Referral				
			for Older Adults				
			Cell Phones				
Food		Fuel and Other Utilities		Health Care, Dental Care		Housing	

3 Squares / WIC / Farm to Family Coupons		Utility Assistance		Clinics and Hospitals		Day Shelter	
	Certificates/Forms Assistance		Furnace Maintenance/Repair		Children's Hospitals		Extreme Cold Warming Centers
	for Food Stamp Applications	Utility Information			Community Clinics		Homeless Drop In Centers
	Food Stamp Appeals/Complaints		Utility Company Complaints		General Care Hospitals		for At Risk Youth
	Food Stamp Applications		Utility Line Location Information/811 Services		Psychiatric Hospitals	Overnight Shelter (Runaway / Youth)	
	Food Vouchers		Utility Service Providers		Urgent Care Centers		Runaway/Youth Shelters
	WIC	Help Pay Utilities Services		Dental Care		Overnight Shelter (Short term)	
	Farmers Markets		Assistance of Disabled with Gas, Electric and Other Utilities		Dental Care		Community Shelters
Farmers Markets					for Frail Elderly		for Families
	Farmers Markets Accepting Nutrition Program Vouchers				Dental Care Expense Assistance		for Single Adults
Food Pantries					Dental Care Referrals		Extreme Weather Shelters

	Brown Bag Food Programs				for Medicaid		Homeless Intake
	Food Pantries				Low Interest Loans		for Disaster Victims
	Meals				for Dental Care		Overnight Shelter (Long term / Transitional housing)
	Community Meals				Disease Information		Transitional Housing/Shelter
	Congregate Meals/Nutrition Sites				Disease/Disability Information		for At Risk Youth
	for Eating Establishments - Discount Programs				for Cancer		for Domestic Violence Issues
	Home Delivered Meals				for Diabetes		for Families
	Maps				for Epilepsy		for Pregnant Women
	for Congregate Meals/Nutrition Sites				for Heart Disease		for Sexual Assault Issues
	Soup Kitchens				for Kidney Disease		for Single Adults
					Eye Glasses		for Single Parents

					Glasses Donation Programs		for Veterans
					Glasses/Contact Lenses	Finding Rental Housing	
					Low Interest Loans		Home Rental Listings
					for Glasses/Contact Lenses		Homeless Permanent Supportive Housing
				Health / Disability Related Support Groups			for Chronic/Severe Mental Illness
					Health/Disability Related Support Groups		for Veterans
					for AIDS/HIV		Housing Authorities
					for Alzheimer's Disease		Housing Counseling
					for Breast Cancer		Low Income/Subsidized Rental Housing
					for Cancer		for Mobile Home Park Residents
					for Dementia	Rent Assistance / Tenant Rights	

					for Developmental Disabilities		Housing Discrimination Assistance
					for Epilepsy		Landlord/Tenant Dispute Resolution
					for Families/Friends of People With Disabilities		Rent Payment Assistance
					for Hard of Hearing		Rental Deposit Assistance
					for Lung Disease		Tenant Rights Information/Counseling
					for Multiple Sclerosis		for Mobile Home Park Residents
					for Older Adults	Home Owners / Buyers	
					for Visual Impairments		Home Rehabilitation Grants
				Health Insurance			Home Rehabilitation Loans
					General Health Insurance Information/Counseling		for Mobile Home Park Residents
					Health Insurance Marketplaces		for Weatherization Programs

					Medicaid Applications		Housing Counseling
					Medicaid Fraud Reporting		for Homebuyers
					for Medicaid Recipients		for Mobile Home Park Residents
					for Physicians/Surgeons		Mortgage Delinquency and Default Counseling
					Medicaid Information/Counseling		Subsidized Home Acquisition
					Medicare Information/Counseling		Weatherization Programs
					Referral to Physicians Accepting Medicaid	Ex-Offender Housing	
				Home Health Aide / Respite Care			Ex-Offender Halfway Houses
					Home Health Aide Services		Ex-Offender Reentry Programs
					for Pediatrics		
					Respite Care		

					for At Risk Youth		
					for Autism Spectrum Disorder		
					for Developmental Disabilities		
				Hospice Care			
					Hospice Care		
				Medical Equipment / Assistive Technology			
					Assistive Technology Equipment Listing Services		
					Assistive Technology Equipment Loan		
					Assistive Technology Equipment Rental		
					Assistive Technology Equipment Sales		
					Assistive Technology Expense Assistance		

					for Children		
					for Glasses/Contact Lenses		
					for Hearing Aids		
					for Spinal Cord Injuries		
					Assistive Technology Information		
					Assistive Technology Training		
					General Medical Equipment/Supplies Provision		
					Wheelchair Donation Programs		
					Wheelchairs/Wheeled Mobility		
				Prescription Assistance and Disposal			
					Medication Disposal		

					Prescription Drug Discount Cards		
					Prescription Drug Information Clearinghouses		
					Prescription Drug Patient Assistance Programs		
					for Homeless Youth		
					Prescription Expense Assistance		
					for Cancer		
					Specialized Information and Referral		
					for Prescription Drug Patient Assistance Programs		
Mental Health Services		Parents		Public Assistance, Benefits		Transportation	
Counseling		Child Care		3 Squares Vermont / Food Assistance		Bus Services	

	Bereavement Counseling		Child Care Provider Referrals		EBT Card Services		Local Bus Services
	for Cancer		Child Care Subsidies		Food Stamp Applications		Long Distance Bus Services
	Community Mental Health Agencies	Child Support / Parental Visitation			Food Stamp Fraud Reporting	Disability and Senior Rides	
	General Counseling Services		Child Support Assistance/Enforcement	General Benefits Assistance			Disability Related Transportation
	for Veterans		Parental Visitation Facilitation		General Relief		Senior Ride Programs
	Individual Advocacy	Children with Disabilities		Governor's Office			Community Ride Programs / Ride Sharing/ Car Sharing
	for Mental Health Issues		Early Intervention for Children with Disabilities/Delays		Specialized Information and Referral		Car Sharing Programs
	Referral to Physicians Accepting Medicaid		Specialized Information and Referral		for Government Services Issues	Community Ride Programs	
	Specialized Information and Referral		for Early Intervention for Children with Disabilities/Delays	Reach Up and WIC			Ride Sharing Programs
	for Mental Illness/Emotional Disabilities	DCF Family Services Division			Reach Up Appeals/Complaints		Drivers Licenses / Registration
	Therapy Referrals		Children's Protective Services		Reach Up Applications	Driver Licenses	

Drop In Centers			Family Preservation Programs		Reach Up Fraud Reporting		Motor Vehicle Registration
	Mental Health Drop In Centers	Parent Support Groups			WIC	Automobiles Loans / Donation Programs	
	for Homeless Youth		Bereaved Parent Support Groups	Social Security			Automobile Loans
	for Veterans		Parent Support Groups		Individual Advocacy	Road / Driving Conditions	
Individual and System Advocacy			for Fathers		for Social Security Issues		Transportation Information Clearinghouses/511 Services
	Individual Advocacy		for New Parents		Social Security Disability Insurance Appeals/Complaints		
	for Mental Health Issues		for Parents of People With Disabilities		Social Security Disability Insurance Applications		
	System Advocacy		for Parents of Teens		Social Security Numbers		
	for Mental Health Issues		for Teenage Parents		Social Security Retirement Benefits		
Mental Health Hotlines & Talklines/Warmlines		Playgroups, Helplines and Classes		Cell Phones			
	Mental Health Crisis Lines		Parent/Child Activity Groups				

	Talklines/Warmlines		Parenting Helplines				
	for Abortion Issues		Parenting Skills Classes				
	for Health Issues		for Domestic Violence Issues				
	for LGBTQ Issues		for Fathers				
	for Mental Health Issues						
	for Substance Use Disorder Issues						
Mental Health Evaluation							
	Mental Health Evaluation						
	for Adolescents						
Support Groups							
	Bereaved Parent Support Groups						

	General Bereavement Support Groups						
	Mental Health Related Support Groups						
Education, Employment, Training		Veterans, Military		Substance Use			
Education		Benefits for Veterans		Medication Assisted Treatment (MAT) / HUBs			
	Adult Basic Education		Information Clearinghouses		Medication Assisted Maintenance Treatment for Substance Use Disorders		
	Computer and Related Technology Classes		for Veterans	Detox / Residential / Inpatient Treatment			
	English as a Second Language		Undesignated Temporary Financial Assistance		Detoxification		
	Libraries		for Veterans		Inpatient Substance Use Disorder Treatment Facilities		
	for Career Development		Veteran Benefits Assistance		Perinatal Substance Use Disorder Treatment		
	for College/University Entrance Support		Veteran Burial Benefits		Recovery Homes/Halfway Houses		

Employment Search Assistance			Veteran Compensation and Pension Benefits		Residential Substance Use Disorder Treatment Facilities	
	Comprehensive Job Assistance Centers	Education / Training / Employment for Veterans			for Parents of Preschool Aged Children	
	Job Finding Assistance		Job Finding Assistance		for Pregnant Women	
	Unemployment Insurance		for Veterans		Sober Living Homes	
	Vocational Rehabilitation		Prejob Guidance		Substance Use Disorder Crisis Intervention	
Job Training			for Veterans	Outpatient and Drop-In Substance Use Services		
	Job Corps		Veteran Employment Programs		Comprehensive Outpatient Substance Use Disorder Treatment	
	Job Retraining	Families of Veterans			for Adolescents	
	Job Training Formats		Family Support Centers/Outreach		for Veterans	
	for At Risk Youth		for Military Reserves		Specialized Information and Referral	
	for Chefs/Cooks		for National Guard Personnel		for Substance Use Disorder Issues	

	for Ex-Offenders		for Veterans		Substance Use Disorder Counseling		
	for Health Care Occupations		Military Family Service/Support Centers		for Older Adults		
	for Mental Health Issues	Health Care for Veterans			for Veterans		
			Home Health Aide Services		Substance Use Disorder Drop In Services		
			for Veterans		Needle Exchange, Medication and Sharps Disposal		
Corrections / Diversion / Parole / Probation			Hospice Care		Medication Disposal		
Correctional Facilities			for Veterans	Needle Exchange/Distribution Programs			
	Correctional Facility Complaints		Hospital Based Outpatient Services		Sharps Disposal Programs		
	Diversion Programs		for Veterans	Substance Use Support Groups			
	for Juvenile Offenders		Registered Home Nursing		Alcohol Use Disorder Support Groups		
	for Young Adults		for Veterans		for New Mothers		

	Parole		Respite Care		for Pregnant Women		
	Probation		for Veterans		Drug Use Disorder Support Groups		
	for Adolescents		Respite Care Subsidies		for Cocaine Use Disorder		
	Courts		for Veterans		Families/Friends of Individuals With a Drug Use Disorder Support Groups		
	Adoption Courts		Veteran/Military Health Insurance		for Parents		
	Bankruptcy Courts		Veterans Affairs Medical Centers		Families/Friends of Individuals With an Alcohol Use Disorder Support Groups		
	Civil State Trial Courts	Housing for Veterans			for Parents		
	Criminal State Trial Courts		Community Shelters		General Addictions/Substance Use Disorder Support Groups		
	Family Law Courts		for Veterans	Smoking/Vaping Cessation			
	Federal District Courts		Homeless Permanent Supportive Housing		Smoking/Vaping Cessation		
	Probate Courts		for Veterans				

	Small Claims Courts		Transitional Housing/Shelter				
	Traffic Courts		for Veterans				
Crime Victim Services		Mental Health Services for Veterans					
	Court Ordered Victim Restitution Services		General Counseling Services				
	Crime Victim Accompaniment Services		for Veterans				
	Crime Victim Compensation		General Psychiatry				
	Crime Victim Notification Services		for Veterans				
	General Crime Victim Assistance		Internet Based Crisis Intervention				
	Individual Advocacy		for Veterans				
	for Crime Victims		Mental Health Crisis Lines				
Legal Assistance			for Veterans				

	General Legal Aid		Mental Health Drop In Centers				
	Lawyer Referral Services		for Veterans				
	for Somali Community		Mental Health Evaluation				
	Legal Counseling		for Veterans				
	for Disabilities Issues		Psychiatric Inpatient Units				
	Legal Representation		for Veterans				
	for Children		Retreat Centers				
	for Domestic Violence Issues		for Veterans - Post Traumatic Stress Disorder				
	for Involuntary Psychiatric Intervention		Sexual Assault Counseling				
	for Mental Health Courts		for Veterans				
	for Sexual Assault Issues		Talklines/Warmlines				

			for Veterans				
	Mediation		Veteran Reintegration Counseling				
	for Adolescents		Veteran Support Groups				
	for Civil Rights Issues		Veteran/Military Hotlines				
	for Utility Issues	Military					
Public Defender and State Attorney			Case/Care Management				
	Public Defender		for Active Military				
	for Juvenile Offenders		Family Support Centers/Outreach				
	for State Supreme Court		for Military Reserves				
	State Attorneys General		Individual Advocacy				
	for Domestic Violence Issues		for Families of Active Military Personnel				

			for Families of Military Personnel/Veterans				
			Military Family Service/Support Centers				
			Military Family Support Groups				
			Military Records				
			Retreat Centers				
			for Families of Military Personnel/Veterans				
			Sexual Assault Counseling				
			for Active Military				
			Social Services for Military Personnel				
			Veteran/Military Health Insurance				
			Veteran/Military Hotlines				

		Substance Use Disorder Services for Veterans					
			Comprehensive Outpatient Substance Use Disorder Treatment				
			for Veterans				
			Substance Use Disorder Counseling				
			for Veterans				